

Spilsby Playgroup



Sun Protection Policy

2022/2023

Our Aim:

To ensure that all children are fully protected from the dangers of too much sun/UV rays. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We follow guidance from the weather and UV level reports and use the following procedures to keep children safe and healthy in the sun:

- The key person and or manager will work with parents to decide and agree on suitable precautions to protect children from burning, including those with more sensitive skin types and to ensure suitable clothing, suncreams and fluids are available to ensure children remain safe from the potential dangers of the sun.
- A reminder letter will be sent to parents as we enter the summer months reminding parents of this policy.
- Children must have a clearly labelled sun hat which will be worn at all times whilst outside in sunny weather. This hat will preferably be of legionnaires design (i.e., with an extended back and side to shield children’s neck and ears from the sun) to provide additional protection
- Parents are requested to bring in to playgroup for their child, high factor sun cream clearly named. This enables children to have sun cream suitable for their own individual needs. Staff must be aware of the expiry date and discard sunscreen after this date.
- Parents will also be given the option to make a donation towards the costs of playgroup supplying factor 50 suncream for use in playgroup. If a parent chooses this option the permission slip is to be completed (appendix 1).
- Parents are requested to dress their children in light-weight cotton clothing suitable for the sun, with long sleeves and long legs
- Children’s safety and welfare in hot weather is the nursery’s prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided.
- Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun; children will not be allowed in the direct sunlight between 11.00am – 3.00pm on hot days.
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day
- Children are encouraged to drink cooled water more frequently throughout sunny or warm days and this will be accessible both indoors and out
- Parents and children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun.
- Shade will be provided to ensure children are able to still go out in hot weather, cool down or escape the sun should they wish or need to.

This policy was adopted on	Signed on behalf of the nursery	Date for review
14/05/23	<i>P. Maycock</i>	14/05/24

Appendix 1

Dear Spilsby Playgroup

I have enclosed a £2.00 contribution towards the supply of factor 50 suncream to be applied to my child

name _____ whilst at playgroup during sunny weather

up to 21st July 2023.

My child has never shown any allergic reaction to suncream.

Signed: Parent / Carer _____ Date: _____

Print name: _____